



October News

241-6232

www.childsplace.ca

As the leaves fall...

Thank you for your patience whilst your child settles at preschool. At Childsplace, we try to make this transition as gentle as possible for children and parents. If you feel there is still that bit of trouble parting, let us know. The teachers will do their best to calm those butterflies.

IMPORTANT DATES:

7th Oct Pumpkin hunt for JK classes ONLY. No regular class this day.

10th Oct CLOSED for Thanksgiving.

13th Oct PS and 3&4yr Class photos.

14th Oct JK's Class photos.

27th Oct PS and 3&4yr Dress Up Party.

28th Oct JK Dress Up Party.

DROP OFF REMINDERS:

~ Please sign your child in!

~ Give messages to Ms. Tammy

~ Hang your child's bag up with the name facing OUT. Leave bag open.

~ Place indoor shoes on shelf above bag

~ ALL children MUST have closed indoor shoes!

~ Place snack on trolley

~ Please pack only one snack and a drink which your child can easily finish in 15 min.

~ PLEASE label all your child's belongings clearly!

READ your Preschool Newsletter at www.childsplace.ca! We will post a PDF version of the newsletter each month on the website. Please let us know if you prefer the electronic version, and we will save the paper!

Please feel free to contact us by telephone at 241-6232, or by E-mail at:

childsplace@shaw.ca

Tammy Will-Vargyas

Program Director.

☺ SNACK INFORMATION:

☺ Monday & Tuesday

☺ Fresh fruit or fruit salad with sugar free cereal (e.g.: Cheerios)

☺ Wednesday & Thursday

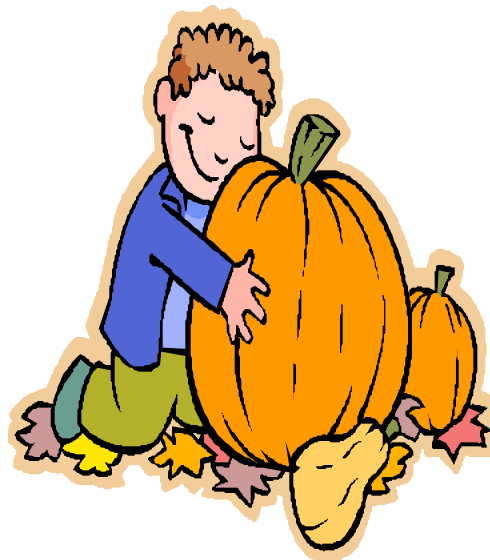
☺ Sliced fresh vegetables & dip, or salad & dressing, crackers

☺ Fridays

☺ Nutritious sandwiches or wrap, or a slice of pizza

☺ DRINKS: Water, juice or milk

☺ NO NUTS or Peanut but-



PLEASE...

Ensure you pick your child up on time to avoid late fees!

Late fees are \$5 for every 5 minutes, payable immediately.

Preschool Stuff!

Junior Kindergarten Classes

October

- 3rd Hand print Turkeys.
- 5th Letter 'B'.
- 7th Pumpkin Hunt at Butterfield Acres! NO regular classes to day.
- 10th CLOSED for Thanksgiving.
- 12th Letter 'C'.
- 14th Class photos during regular class times.
- 17th Number of the week '1'
- 19th Letter 'D'.
- 21st Halloween Crafts.
- 24th Halloween Crafts.
- 26th Letter 'E'.
- 28th Dress up party, NO wands or weapons, keep costumes FUN not scary, thank you.
- 31st Dinosaurs .

PS 1 & PS 2 Classes.

October.

- 4th Hand print Turkeys.
- 6th Colour Brown
- 11th When leaves begin to Fall.
- 13th Class photos during regular class times.
- 18th Shape of the week" Octagon"
- 20th Color Orange.
- 25th Halloween Crafts.
- 27th Dress up party! NO wands or weapons, keep costumes FUN not scary, thank you.

Healthy Habits

At Childspace we begin to teach healthy habits to our preschoolers. Of particular importance to good health are the snacks that our children eat. At preschool, children are very busy playing and interacting with each other, and a healthy, family style snack time is an important part of that interaction. Not only is conversation encouraged and nurtured, but also discussions about what we are eating and why. Putting nutrition first is a policy at Childspace that we take very seriously. We know that children who eat a healthy variety of foods, low in sugars and salts, and high in protein and good carbohydrates, have better attention spans, better energy, and ultimately better brain functioning. If our children learn at an early age that eating fruits and vegetables are not only tasty, but good for us, they are more likely to continue good eating habits for life.

Please send your children with snacks that follow our snack policy to help us encourage these healthy habits.

Happy Birthday to our friends at Preschool this month. Check to Birthday Chart to see who is celebrating!!



Theme this month will be Fall/Harvest



STAYING CONNECTED

Often business, home or cell numbers change, and parents forget to inform us. When we really need to contact you, make sure we can please. Fill out the following if there have been any changes and return to us.

Child's Name _____

Parent's Name _____

Work # _____